



Cefn Hengoed Community School Covid-19 related pupil absences - A quick reference guide for parents

N.B There are different systems in place for those displaying symptoms compared to those who are contacted by TTP.

What to do if....	Action needed	Return to school when...
<p>...my child has any of the Covid-19 symptoms.</p> <p>The main symptoms of coronavirus are:</p> <ul style="list-style-type: none"> • a high temperature • a new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours • a loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal 	<ul style="list-style-type: none"> - DO NOT COME TO SCHOOL. - CONTACT SCHOOL TO INFORM US. - Self-isolate the WHOLE household. - Get a test. - Inform school immediately of result. 	<p>...the test comes back negative and when temperature has been back to normal for 48 hours.</p> <p>If your child is not tested, they have to stay off school for a minimum of 10 days and any siblings will need to stay off school for 14 days. If siblings then show symptoms, they start another 10 day isolation period.</p> <p>If your child has had symptoms of COVID19 or a positive test, then they may end their self-isolation after 10 days and return to their normal routine if they do not have symptoms other than cough or loss of sense of smell or taste. If your child still has a high temperature, keep them self-isolating until their temperature returns to normal and seek medical advice.</p>
<p>...my child tests positive for Covid-19.</p>	<ul style="list-style-type: none"> - DO NOT COME TO SCHOOL. - CONTACT SCHOOL TO INFORM US. - Agree an earliest date for possible return. Minimum of 10 days. - Self-isolate the whole household. 	<p>After 10 days, your child can return when they feel better. Even if they still have a cough or loss of taste/smell, these symptoms can last for several weeks. If your child still has a high temperature, keep self-isolating until your temperature returns to normal and seek medical advice.</p>
<p>...my child tests negative.</p>	<ul style="list-style-type: none"> - CONTACT SCHOOL TO INFORM US. - Discuss when your child can come back. 	<p>...the test comes back negative and when temperature has been back to normal for 48 hours.</p>
<p>...my child is ill with symptoms not linked to Covid-19.</p>	<ul style="list-style-type: none"> - Do not come to school. - Contact school to inform us. - Ring on each day of illness. 	<p>...after 48 hours following the last bout of sickness or diarrhoea. As per NHS guidelines for infectious diseases.</p> <p>https://www.nhs.uk/live-well/healthy-body/is-my-child-too-ill-for-school/</p>
<p>...someone in my household has Covid-19 symptoms.</p>	<ul style="list-style-type: none"> - DO NOT COME TO SCHOOL. - CONTACT SCHOOL TO INFORM US. - Self-isolate the WHOLE household. - Household member to get a test. - Inform school immediately of result. 	<p>...the test comes back negative.</p>

...someone in my household tests positive for Covid-19.	<ul style="list-style-type: none"> - DO NOT COME TO SCHOOL. - CONTACT SCHOOL TO INFORM US. - Self-isolate the WHOLE household. - Agree an earliest date for possible return. This will be a MINIMUM of 14 days, depending on whether the child goes on to develop symptoms. 	...child has completed 14 days of self-isolation and has not shown any symptoms.
...NHS test and trace has identified my child as a close contact of somebody with symptoms or confirmed Covid-19	<ul style="list-style-type: none"> - DO NOT COME TO SCHOOL. - CONTACT SCHOOL TO INFORM US. - Agree an earliest date for possible return. This will be a MINIMUM of 14 days, depending on whether the child goes on to develop symptoms. 	The child has completed 14 days of isolation without any symptoms developing.
...we/my child has travelled and has to self-isolate as a period of quarantine.	<ul style="list-style-type: none"> - Consider quarantine requirements and FCO advice when booking travel. - Returning from a destination where quarantine is needed. - Agree an earliest date for possible return. This will be a MINIMUM of 14 days from return date. - Self-isolate WHOLE household. 	...the quarantine period of 14 days has been completed.
...my child's bubble is closed due to a Covid-19 outbreak in school.	<ul style="list-style-type: none"> - DO NOT COME TO SCHOOL - At home, support your child with remote learning as best you can in your individual circumstances. - Your child will need to isolate for 14 days. 	...school will inform you when the class will re-open.

